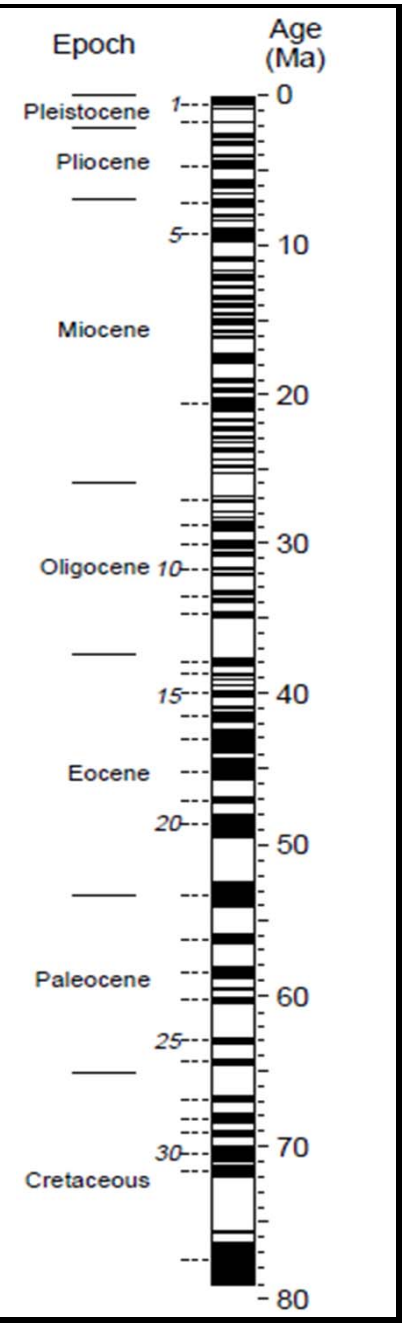
Table 1.

Measurement Number	Age Isochron (Ma)	Chron Number	Map Distance (mm)	Map/Real Distance (deg Lat.)	Real Distance (NM)	Rate (NM/Ma)	Rate (NM/year)	Rate (mm/Ma)
							Average Rate (mm/yr)